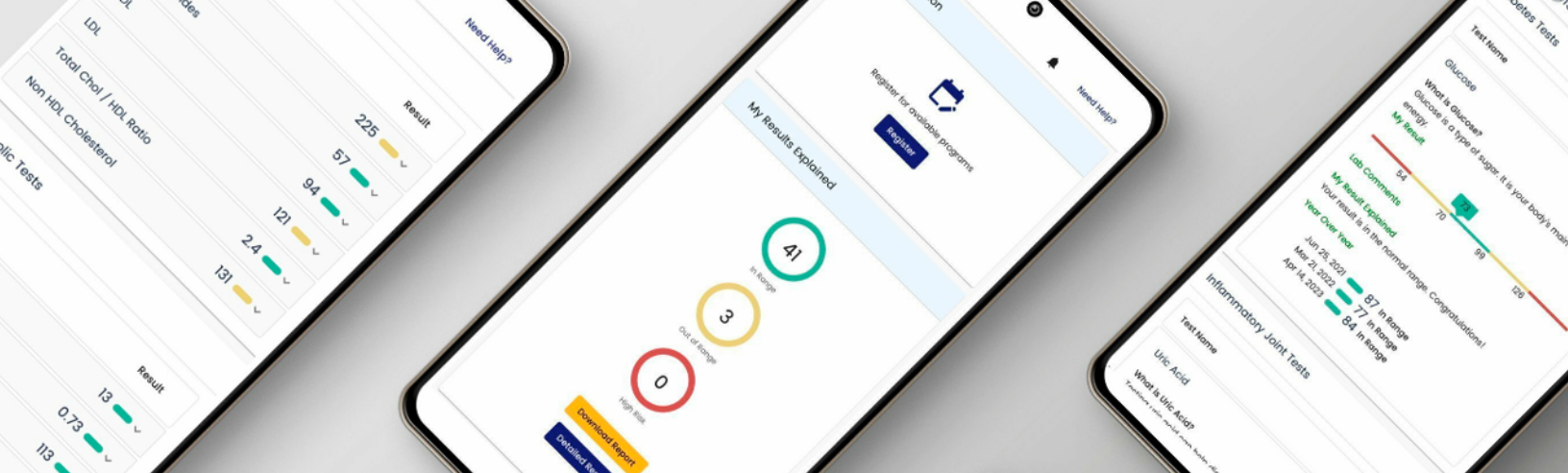




Early detection saves lives!

Catch early warning signs of illness and gain insights into your overall health



Village of Hoffman Estates

You are invited to the
Empower Wellness Screening Program

Sign up today
empower.health

See page 4 for full registration details



Screening Package Overview

- **Panel C** – Testing that consists of a 42-component blood chemistry profile. In addition to identifying signs of heart disease, stroke and diabetes, the Panel C tests for kidney disease, liver and gallbladder abnormalities, thyroid disease, gastrointestinal disorders, nutritional disorders, anemia, infections and certain cancers. This comprehensive panel includes the following tests:

Heart & Diabetes	Complete Blood Count	Kidney, Liver & Thyroid	Nutrition
Glucose	Red Blood Cells	BUN & Creatinine	Calcium
Total Cholesterol	White Blood Cells	T4 & Potassium	Total Protein
HDL (Good Cholesterol)	Hemoglobin	Phosphorus & eGFR	Albumin
Non-HDL	Hematocrit	Chloride & Sodium	Uric Acid
LDL (Bad Cholesterol)	Platelet Count	Alkaline Phosphatase	Iron
Cholesterol Ratio	Red Blood Cell Distribution	Total & Direct Bilirubin	Magnesium
Triglycerides	MCH & MCV	SGOT, SGPT, Gamma GTP & LD	

- **Hemoglobin A1c** – Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- **Prostate Specific Antigen (PSA)** – Screens for signs of prostate cancer in men. (Included at no cost for men age 50 and older)
- **Thyroid-Stimulating Hormone (TSH)** – Screens for signs of thyroid cancer. (Included at no cost for women age 50 and older)
- Blood Pressure Reading & Body Mass Index Calculation (self-reported height and weight)
- Empower Health Assessment™

WHO CAN PARTICIPATE?	SCREENING FEES	ADDITIONAL TEST FEES
Covered Employees & Spouses on the Village's BCBS of IL PPO Plan	No cost to you, covered by your company	Select tests are eligible for BCBS of IL PPO coverage, please see Additional Tests Menu for tests & fees
Covered Employees & Spouses on the Village's BCBS of IL HMO Plan	No cost to you, covered by your company	Self-pay, please see Additional Tests Menu for tests & fees

Payment will be collected the day of the event by credit card or check only. Please make checks payable to Empower Health Services. All tests qualify as reimbursable expenses for flexible spending and health savings accounts.

Additional Tests Menu

Eligible for BCBS of IL PPO coverage:

**BCBS
PPO**

**Self
Pay**

Female Hormone Profile

women's health

\$0

\$60

The hormones tested in this screening are follicle-stimulating hormone (FSH) and luteinizing hormone (LH). Testing FSH levels can help identify menstrual irregularities or menopause, and LH can help determine fertility issues. Several factors can cause abnormal test results, including medications, estrogen, progesterone, and if you are menstruating.

Inflammatory Joint Disease

\$0

\$47

This panel tests levels of RF Factor, C-Reactive Protein, Uric Acid, and ANA. Testing these together can help diagnose autoimmune diseases like rheumatoid arthritis and lupus, as well as gout.

Prostate Specific Antigen (PSA)

men's health

**Included at no cost for
men age 50 and older**

\$0

\$40

This test can help determine signs of prostate cancer in men. The American Cancer Society and many healthcare providers recommend that men age 50 and over routinely screen for prostate cancer. Men younger than age 50 with a family history of prostate cancer are also encouraged to screen.

Testosterone (Male Hormone)

men's health

women's health

\$0

\$47

Testosterone is a reproductive hormone produced at differing levels in both men and women. This test measures testosterone levels to aid in the detection and diagnosis of infertility or glandular disorders.

Thyroid-Stimulating Hormone (TSH)

men's health

women's health

**Included at no cost for
women age 50 and older**

\$0

\$25

The testing of thyroid-stimulating hormone (TSH) is routinely used for the diagnosis of thyroid disease. TSH is produced by the pituitary gland and stimulates the release of T3 and T4 from the thyroid gland.

Vitamin D

men's health

women's health

diabetes

heart health

\$0

\$40

This test measures the amount of vitamin D in the body. Healthy amounts of vitamin D help control your system's calcium and phosphate levels. Your body thrives on vitamin D and needs it to absorb calcium and promote bone growth.

Vitamin Deficiency Anemia

men's health

women's health

\$0

\$37

Without enough vitamin B12, folate, and iron in the body, there is a risk for health conditions such as anemia. This test measures if you are getting enough of these vitamins and minerals.

NEW!

Advanced Cardiac Risk Tests

NOT Eligible for BCBS coverage. Offered on a self-pay basis ONLY:

**Self
Pay**

Apolipoprotein B

heart health

\$40

ApoB is a major risk factor for plaque buildup in the arteries. High levels of ApoB can lead to elevated "bad" LDL cholesterol, increasing the risk of cardiovascular disease and other heart conditions.

High-Sensitivity C-Reactive Protein (hsCRP)

heart health

\$40

The hsCRP is used to predict and assess your risk of heart disease or stroke. Note: CRP levels can be affected by certain medications such as nonsteroidal anti-inflammatory drugs (e.g. ibuprofen, Aspirin) and estrogens (hormone therapy, birth control pills).

Lipoprotein (a)

heart health

\$40

Lipoprotein (a), also known as Lp(a), can cause plaque buildup in the arteries. High Lp(a) levels are largely attributed to genetics and can increase your risk for cardiovascular disease. This test is recommended for every adult at least once in their lifetime.

BCBS of IL PPO members must present their ID card at the time of service to have claims submitted.

NOTE: If you present a BCBS of IL PPO card other than your company's BCBS plan, the cost of the Panel C and/or additional tests may not be fully covered and EHS will reach out for payment. Out-of-pocket fees may be applicable due to copays, deductibles, coinsurance or non-reimbursed services. Please verify your benefits before your scheduled service.

Screening Locations & Dates

Village Hall

Thursday, October 8, 2026

7:00 am – 11:30 am

Alexa Training Room

Police Station

Friday, October 16, 2026

6:30 am – 10:30 am

Police Training Room

Public Works

Tuesday, October 27, 2026

6:00 am – 10:00 am

Lunch Room

Schedule your appointment today!
empower.health



NEW!

Download our app! Simply scan the QR code on your mobile device and follow the steps [HERE](#).

1. Go to: empower.health

Returning Participants: If you previously created an account, sign in under "Welcome Back!"

New Participants: Complete "New User" fields and enter client code: **HoffmanEstatesEHS**

A verification email will be sent. Verify your email address to activate your account.

2. On the dashboard, click "Register" to schedule an appointment for an onsite event

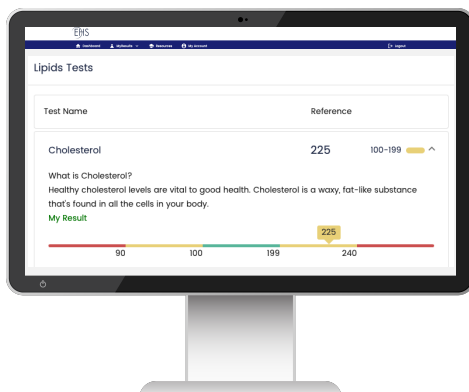
Registration closes at NOON the business day prior to the event.

3. Complete the Empower Health Assessment™

Click "Begin Assessment" when prompted during registration or from the dashboard.

4. Once you have scheduled an appointment, download and **print one (1) copy of your requisition** to bring to your screening (REQUIRED)

Fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment. Take all medications as prescribed. If you have any questions about taking medication while fasting, please consult with your healthcare provider.



What happens after my screening?

Participants will receive a personalized and easy-to-understand report within 2-3 days of the event (pending additional tests ordered) through the secure and confidential empower.health portal. All participants will have one year of unlimited access to additional portal resources.

Need assistance? Please contact the EHS Customer Support Team at 866.367.6974 or support@empowerhealthservices.com